



Miami-Dade County Public Schools
School Wellness/Healthy School Team Committee Action
 Plan School Year: 2021 - 2022

School Name & Location Number:	Center for International Education 7021
Principal:	Jennifer Rodriguez-Ledesma
Phone Number:	305-248-7911
School Wellness/Healthy School Team Leader:	Joann Garcia
School Wellness/Healthy School Team Committee Members: (please provide names for the following)	Kaela Perez and Akira Jones (Students) Jennifer Rodriguez-Ledesma and Michele Bush (School Administrators) Maxdoly Mirabal (Food Service Manager) Mrs. Ujuaque-Medina (Parent) Mr. Stuart (Health Professional) Antonio Labadie (PE Teacher)
Committee Meeting Dates:	9/2021 (Faculty Meeting), 10/2021, (Faculty Meeting), 11/2021 (Faculty Meeting), 12/2021 (EESAC Meeting) 1/2022 (Faculty Meeting), 2/2022 (EESAC Meeting), 3/2022 (EESAC Meeting), 4/2022 (Faculty Meeting), 5/2022 (Faculty Meeting)
ACTION PLAN	
School Wellness/Healthy School Team Goal: (Select all that apply)	<input checked="" type="checkbox"/> Nutrition <input checked="" type="checkbox"/> Physical Education <input checked="" type="checkbox"/> Physical Activity <input checked="" type="checkbox"/> Health and Nutrition Literacy <input checked="" type="checkbox"/> Preventive Healthcare
Steps to Achieve School Wellness/Healthy School Team Goal:	<p>Nutrition</p> <p>Promote the free breakfast and good eating habits especially as testing approaches Provide healthy meals and snacks daily to students, faculty and staff through the cafeteria.</p> <p>Physical Education</p> <p>Fitness Program/Fitness Club</p>

	<p>Physical Activity Mental Wellness Club Yoga and Meditation</p> <p>Health and Nutrition Literacy Bring awareness to the value of the Fairchild Gardens Collaboration on our social media site. Promote the Health Information Project meetings and collaboration on our social media site and throughout the school.</p> <p>Preventive Healthcare Promote teacher collaboration through the wellness club. Advertise wellness tips throughout the school Wellness Wednesday post on social media</p>
<p>Community Engagement:</p>	<p>Maintain collaboration with community organizations and business. Promote events and collaborations on social media Miami Dade College STEM department collaboration</p>
<p>Monitoring and Evaluation:</p>	<p>Committee meeting sign-in sheets Wellness club attendance Social media post and engagement Increase Wellness and Fitness club events Increase teacher involvement with events and future projects</p>
<p>Other Activities: If applicable, attach supporting documentation (e.g. event flyer)</p>	<p>Key Club's school garden CIE student lounge</p>